



## What is 4-H?

- 4-H is a community of young people across America focused on learning leadership, citizenship and life skills.
- 4-H is fun, hands-on learning experience.
- The traditional 4-H program is open to youth 8-19 years old; the Cloverbud program is open to youth 5-7 years old.
- 4-H is open to all youth in all communities.
- 4-H is supported by caring, adult volunteers.

Michigan 4-H Youth Development has seven guiding principles that provide the foundation for the educational methods, activities and events that positively affect the lives of our youth. These guiding principles are:

1. Youth develop positive relationships with adults and peers.
2. Youth are physically and emotionally safe.
3. Youth are actively engaged in their own development.
4. Youth are considered participants rather than recipients in their learning processes.
5. Youth develop skills that help them succeed.
6. Youth recognize, understand and appreciate diversity and multiculturalism.
7. Youth grow and contribute as active citizens through service and leadership.

## Programming

- Membership in positive peer groups.
- Hands-on, fun learning experiences.
- Events, camps, and activities.
- Service opportunities for youth.
- Volunteer opportunities for adults.

## *I Pledge*

*My HEAD*

*to clearer thinking,*

*My HEART*

*to greater loyalty,*

*My HANDS*

*to larger service, and*

*My HEALTH*

*to a better living, for*

*My Club, my Community,*

*my Country,*

*and my World.*



Learn more about how we're empowering young people in your community with skills to last for a lifetime. Visit 4-H.org

**MICHIGAN STATE**  
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